

Daily Schedule for St. Isidore Catholic Curriculum

Monday through Thursday:

- 8am-8:20am – Morning Prayer and Meeting via live Zoom
- 8:30am-10:45am: Curriculum Content Direct Instruction – students need to work through this block on their own, watching each content video
- 10:45-11:30am: Morning Leisure Block
- 11:30am-12pm: Lunch
- 12:10-2:10pm: Tutoring/Independent Work Time via live Zoom
- 2:10-2:20pm: Submission of Daily Assignments
- 2:20-2:30pm: Closing Community Prayer via live Zoom

Friday:

- 8am-8:20am – Morning Prayer and Meeting via live Zoom
- 8:30-9:30am: Art Lesson
- 9:30-10:45am: Assignments/Reading
- 10:45-11:30am: Morning Leisure Block
- 11:30am-12pm: Lunch
- 12:10-2:10pm: Tutoring/Independent Work Time via live Zoom
- 2:10-2:20pm: Submission of Daily Assignments
- 2:20-2:30pm: Closing Community Prayer via live Zoom

Morning Leisure Block

We believe our work in education is to assist parents in the development of the habits and dispositions of the student: to observe, wonder, discover, attend to something with attention, listen, remember, calculate, contemplate, and to love. These habits and dispositions are formed in and through that which we study in academic content offerings. But, the formation of our students in these dispositions and habits necessarily happens through engagement with reality in other ways beyond direct instruction. In an in-person learning environment, this happens in the community of the school, at mass, in prayer at school, and within the life of the school beyond the moments of direct instruction (recess, passing periods, the lunchroom, etc.). We believe learning should happen in peaceful leisure: engaging and enjoying in that which is before us, which can happen with academic content, but also from stepping away from direct study. Leisure is necessary for the spiritual life: it is crucial in developing a sense of wonder, and cultivated, can draw us closer to God. Read more about a Catholic understanding of leisure by cutting and pasting the following links in your browser.

<https://www.catholicculture.org/commentary/value-leisure/>

<https://fatima.org/news-views/catholic-apologetics-28/>

<https://www.catholic.org/news/hf/faith/story.php?id=44571>

The intent of the morning leisure block is for students to spend time off of screens and tending to exploration and attention away from direct study. Students will share with their tutor what they did for their leisure time each day. Suggested activities for the morning leisure block:

- Pray together as a family.
- Recite a rosary by yourself or with someone else at home.
- Take a walk and observe nature.
- For younger students: creative play!
- Exercise: go for a run, take a bike, or scooter ride, lift weights, circuit training, etc.
- Read a great book.
- Engage in an act of service.